

PEDIATRIC TONSILLECTOMY AND ADENOIDECTOMY  
POST-OP PLAN

PHYSICIAN ORDERS

Diagnosis \_\_\_\_\_

Weight \_\_\_\_\_ Allergies \_\_\_\_\_

Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.

ORDER ORDER DETAILS

**Patient Care**

**Vital Signs**

Per Unit Standards

**Patient Activity**

- Up Ad Lib/Activity as Tolerated, Bed Position: HOB Greater Than or Equal to 30 degrees
- Up Ad Lib/Activity as Tolerated
- Bedrest, Bed Position: HOB Greater Than or Equal to 30 degrees
- Bedrest

**Apply Extremity Brace/Immobilizer**

Apply Elbow Immobilizer, to Bilateral Upper Extremities, On at all Times, to keep hands out of mouth

**Communication**

**Notify Provider/Primary Team of Pt Admit**

Upon Arrival to Floor/Unit

**Notify Provider of VS Parameters**

SpO2 Less Than 90%

**Dietary**

**Oral Diet**

- Full Liquid Diet
- T;N, Regular Diet, No crunchy or hard foods. No acidic foods, such as ketchup, orange juice, dark colas

**IV Solutions**

**D5 1/2 NS + 20 mEq KCl/L**

IV, mL/hr

**Medications**

**Medication sentences are per dose. You will need to calculate a total daily dose if needed.**

\*\*\*Do Not Exceed Adult Dosing for Weight Based Pediatric Medications\*\*\*

**Glucocorticoids**

\*\*\*Dexamethasone: Do Not exceed 10 mg total, including dose given in OR.\*\*\*

**dexAMETHasone (dexamethasone pediatric)**

- 0.5 mg/kg, IVPush, inj, q12h, x 1 dose  
Start 12 hours after intraoperative dose.  
Do Not exceed 10 mg total, including dose given in OR.

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Order Taken by Signature: \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_



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ORDER	ORDER DETAILS
	<input type="checkbox"/> 0.5 mg/kg, IVPush, inj, q12h, x 2 dose Start 12 hours after intraoperative dose. Do Not exceed 10 mg total, including dose given in OR. <input type="checkbox"/> 4 mg, IVPush, inj, q12h, x 1 dose Start 12 hours after intraoperative dose. Do Not exceed 10 mg total, including dose given in OR. <input type="checkbox"/> 4 mg, IVPush, inj, q12h, x 2 dose Start 12 hours after intraoperative dose. Do Not exceed 10 mg total, including dose given in OR. <input type="checkbox"/> 8 mg, IVPush, inj, q12h, x 1 dose Start 12 hours after intraoperative dose. Do Not exceed 10 mg total, including dose given in OR.
<b>Antibiotics</b>	
	***Post-Op antibiotics should not be used empirically. Treatment is only warranted to continue to clear existing infection***  <b>ampicillin (ampicillin pediatric)</b> <input type="checkbox"/> 25 mg/kg, IVPB syr, syringe, q6h, [100 mg/kg/DAY], For ENT Infection
	<b>amoxiCILLIN (amoxiCILLIN pediatric)</b> <input type="checkbox"/> 20 mg/kg, NGT/PO, liq, BID, [40 mg/kg/DAY], For ENT Infection
<b>Analgesics</b>	
	<b>Pediatric T &amp; A Pain Protocol</b> <input type="checkbox"/> See Reference Text
	<b>acetaminophen (acetaminophen pediatric)</b> <input type="checkbox"/> 10 mg/kg, PO, liq, q6h Alternate acetaminophen and ibuprofen if both are ordered, beginning with ibuprofen. ***Do not exceed 75 mg/kg/day (equal to or less than 2.6 g/day for less than 12 yrs or 4 g/day for age 12 years or greater) from all sources.***
	<b>ibuprofen (ibuprofen pediatric)</b> <input type="checkbox"/> 10 mg/kg, PO, liq, q6h Start with ibuprofen, then alternate with acetaminophen if ordered
	***HYDROcodone-acetaminophen: Recommended not to exceed 15 mL/dose***  <b>HYDROcodone-acetaminophen (HYDROcodone-acetaminophen (Norco) 7.5 mg-325 mg/15 mL oral solution)</b> <input type="checkbox"/> 2.5 mL, PO, soln, q4h, PRN pain-moderate (scale 4-6) Administer only if pain still poorly controlled by ibuprofen and/or acetaminophen if ordered.  Hydrocodone Max Dosing: 0.2 mg/kg/dose for weight less than 50 kg and max of 10 mg in weight 50 kg or greater  ***Do not exceed 75 mg/kg/day of acetaminophen (equal to or less than 2.6 g/day for less than 12 yrs or 4 g/day for age 12 years or greater) from all sources.***  Continued on next page....

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ORDER	ORDER DETAILS
	<p><input type="checkbox"/> 5 mL, PO, soln, q4h, PRN pain-moderate (scale 4-6) Administer only if pain still poorly controlled by ibuprofen and/or acetaminophen if ordered.</p> <p>Hydrocodone Max Dosing: 0.2 mg/kg/dose for weight less than 50 kg and max of 10 mg in weight 50 kg or greater</p> <p>***Do not exceed 75 mg/kg/day of acetaminophen (equal to or less than 2.6 g/day for less than 12 yrs or 4 g/day for age 12 years or greater) from all sources.***</p> <p><input type="checkbox"/> 7.5 mL, PO, soln, q4h, PRN pain-moderate (scale 4-6) Administer only if pain still poorly controlled by ibuprofen and/or acetaminophen if ordered.</p> <p>Hydrocodone Max Dosing: 0.2 mg/kg/dose for weight less than 50 kg and max of 10 mg in weight 50 kg or greater</p> <p>***Do not exceed 75 mg/kg/day of acetaminophen (equal to or less than 2.6 g/day for less than 12 yrs or 4 g/day for age 12 years or greater) from all sources.***</p> <p><input type="checkbox"/> 10 mL, PO, soln, q4h, PRN pain-moderate (scale 4-6) Administer only if pain still poorly controlled by ibuprofen and/or acetaminophen if ordered.</p> <p>Hydrocodone Max Dosing: 0.2 mg/kg/dose for weight less than 50 kg and max of 10 mg in weight 50 kg or greater</p> <p>***Do not exceed 75 mg/kg/day of acetaminophen (equal to or less than 2.6 g/day for less than 12 yrs or 4 g/day for age 12 years or greater) from all sources.***</p>
	<p><b>morphine</b></p> <p><input type="checkbox"/> 0.1 mg/kg, IVPush, inj, q2h, PRN pain-severe (scale 7-10) Recommended maximum dose is 2 mg.</p> <p><input type="checkbox"/> 0.2 mg/kg, IVPush, inj, q2h, PRN pain-severe (scale 7-10) Recommended maximum dose is 2 mg.</p> <p><input type="checkbox"/> 2 mg, IVPush, inj, q2h, PRN pain-severe (scale 7-10), For patients 40 kg and GREATER For patients weighing greater than or equal to 40 kg. Recommended maximum dose is 2 mg.</p>
<b>Respiratory</b>	
	<p><b>Oxygen (O2) Therapy</b></p> <p><input type="checkbox"/> Via: Nasal cannula, Keep sats greater than: 90</p>
	<p><b>Continuous Pulse Oximetry</b></p> <p><input type="checkbox"/> Notify ENT Surgery Resident for oxygen saturation less than 90%.</p>

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